



We explored honeycombs and tasted honey as we learnt about bees.



We had a wonderful time with our visitors who taught us how to take care of and be safe around pets and wildlife. We loved meeting Katie's dog Healey.



Kindy Newsletter

Term 3

September 2018

Welcome Family and Friends

Wow, it's our final term of 2018!!

Looking back on the photographs over the year shows how much the children have grown. We will certainly miss the Kindy children next year. Many of whom keep us in check and could probably run the centre without us. It's wonderful to be a part of their lives at this stage of rapid growth and development.

Barbara and Katie attended an excellent professional development session last term which covered various topics in-

cluding; embedding Aboriginal and Torres Strait Islander perspectives, the new Kindergarten Learning Guidelines which will be introduced next year and ideas for programming and documenting children's learning, work and ideas. We are looking forward to implementing some new experiences and opportunities for children based on what we learnt.

You may also have noticed the sign near the front door which recognises us as a service that values inclusion. We have achieved this as we have established a strategic

inclusion plan that outlines how we improve and embed inclusive practice to ensure that all children are valued and have support and opportunities to engage fully in our curriculum.



As always your feedback and comments are invited and welcomed as they enable us to provide the best possible environment for you and your children.

Fragula Day

At the end of term 2 we asked the children what they would like to do during the holidays. The children decided that they would like to hold a strawberry day. We all celebrated our love of strawberries by dressing up in red clothes and making our

own strawberry jam sandwich with strawberries on the side. The children practised their fine motor skills and eye hand coordination when spreading the strawberry jam onto their sandwiches and using the tongs to serve the strawberries.



Camping



The children have been busy creating dramatic play scenarios based around camping inspired by children's recent camping trips. The children have explored turn taking when talking and listening to one another when negotiating different roles within the play and when sharing ideas to plan the design of the camp site, cubby house and 'camp fire'. We have

also taken turns role playing mum, dad, babies and puppies. Children reflected on their own experiences and talked about different things people can do camping and enjoyed 'building' a camp fire and eating marshmallows.



Scientific Experiments



This term the children have enjoyed researching interesting real-life topics. Some of our favourite areas of investigation have been around our natural world, including animals, mammals, sea life, insects, spiders, bees, volcanos and flowers. We have actively explored mixing colours and a variety of materials to make potions,

planted sunflower seeds, observed water turn to ice and observed ice melt. We made and observed a volcano explode using special ingredients and created slime. We have used our thinking skills to predict, hypothesise and solve problems. We have used our senses to explore different materials and observe them

and extended our language to describe our observations.



Book Week



The children enjoyed book week by dressing up as their favourite character from a book. The theme of this year's book week was 'Find Your Treasure'. During book week we talked about what the children loved about their favourite characters. We all came dressed up in some

amazing costumes and shared our character with the school at assembly.



Italian

This last term in Italian the ragazze (children) have been learning the names of body parts, musical instruments and following instructions for games. Miss Suzanna is so impressed with the advanced group (Maya, Ruby, Bodhi, Blair, Hunter, Oskar, Elliott, Louis), who are now helping to teach the intermediate and beginners children.



We created a band with our instruments and made "musica".



On gelato day we asked for our ice-cream flavour:
"Volio Gelatochocolato.....
vanilla.....fragola"

Library Visits

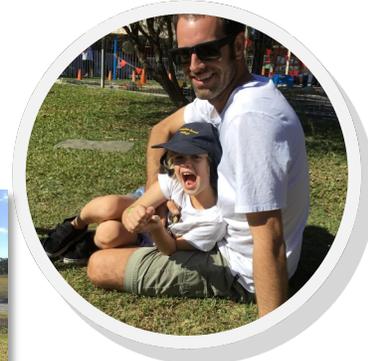
At our weekly library visits this term we have been exploring books with the letter sound of the week in the title. The children have been searching for and selecting books where they can see the letter we are learning. Sometimes it tries to trick us with the upper and lower case letters, but we are getting so good at recognising them.



Celebrating Our Fathers

The children had such a wonderful time preparing for and celebration Fathers' day with our dads at Kindy. During the week leading up to our celebration we crafted felt faces of our dads and the teachers dictated our words of the "5 things I love about my dad". On the day we made popcorn and hotdogs and

served the dads ginger beer. We showed off our little athletics skills, with long and high jump and our dads got to show off their playdough skills creating lots of great things with us.



Health and Nutrition Tips and Information

An important part of our role as early years educators is to promote healthy lifestyles for children. An integral part of this is to encourage healthy eating. We do this by: growing, harvesting and tasting fruit and vegetables; talking to children about nutritious food and encouraging them to choose fresh foods first from their lunch box. Children are encouraged to 'listen to their bodies' when deciding when to eat morning tea and what to save for lunch time. In line with our healthy eating-policy we ask that you provide healthy, nutritious lunchboxes that do not include lollies, roll-ups or chocolate. I'm aware that mealtimes and encouraging healthy eating can be difficult so I have put together some hints and tips.

Tips for Raising Healthy Eaters

1. Be a good role model by eating healthy meals based on nutritional foods.
2. Establish family mealtime routines. Be sure to allow children enough time at the table—aim for 20mins
3. Try new foods. Add new foods to a meal with three or so healthy foods that your child already enjoys. You may have to offer food 10-15 times before it is accepted.
4. Watch for signals that your child is full and finished eating eg. playing with food. Offer children nutritious food, and they are highly likely to regulate the amount they eat.
5. You determine what foods are served and when. Provide your child with healthy foods and allow them to decide which and how much of those he/she will eat.
6. Provide regular, nutritious snacks to sustain them through a busy day.
7. Children should be active at play for a large proportion of the day. Ensure that they have plenty of daily opportunities for large muscle play, outdoors and engage in physical play with them.
8. Make food fun, involve children in meal planning, shopping and preparation.
9. Talk to children about healthy choices.
10. Look at the following websites for guidelines on portion sizes, nutrition, faddy eaters and recipes.

www.eatforhealth.gov.au
www.infantandtoddlforum.org/toddlers-to-preschool/healthy-eating-5/guidance

A Few Reminders

Please remember to **bring hats, drink bottles and closed in shoes each day**
 Please remember to **label all personal belongings**
 Please remember to **apply sunscreen each morning**

Dates for the Diary

5th December— Last day of school term and Graduation. Families are invited to join us at the school graduation assembly and to continue with our celebrations at Kindy for those who are leaving us for prep.

21st December—We close for the Christmas break.

7th January— We re-open

Please remember that if you have a kindy age child who will be leaving us before 21st December, we require 2 wks written notice.

OSCH is available to children moving to Prep (at PBC or elsewhere) from 7th January 2019.



Playing one of favourite games "who's hiding under the rug". This supports children's social and turn taking skills, observation and memory skills—as well as being lots of fun!!



Children have been developing their understanding of mathematical concepts such as number, quantity, patterns, measuring and comparing sizes

